



Bhivarabai Sawant Institute of Technology & Research

AICTE New Delhi, DTE Mumbai & Affliated to Savitribal Phule Pune University) Gat No. 719/1 & 2, Wagholi, Pune-Nagar Road, Pune-412207

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EN 6311 /CEGP-013100

Dr. T.K. Nagaraj
ME. (CIVII Engg), Ph.O (CIVII Engg)
LMISTE, LMIGS, LMIRC
LMISRMTT, LMIE
Principal

Prof. Dr. T. J. Sawant B.E. (Elec.) PGDM, Ph.D Founder Secretary Institute Accredited by National Assessment and Accreditation Council (NAAC), Bengaluru and National Board of Accreditation(NBA), New Delhi.

EXTENSION AND OUTREACH ACTIVITIES FOR STUDENTS

EVENT REPORT

	EAFIAL IV	LICIL	Dayslin Dayslonment
Title of Activity	Seminar on "Mental Well	Issue addressed	Personality Development
	Being	SEM and AY	II/2023-24
Date of conduction	9-1-2024	Class and Div	FE (D)
Department	Computer Engineering		JSPM's BSIOTR
Name of Resource Person& Designation	Prof. Sharayu Anap Assistant Professor	Organization	

Objective of the event:

To create Awareness on mental wellbeing and its benefits for students.

Brief summary of the activity:

A seminar on "Mental Well Being" was conducted for FE(D) students in computer engineering department. The seminar was intended to make the students aware on mental wellbeing and its benefits for students. Following points were deliberated in this seminar which would help the students to maintain mental wellbeing which would help them to succeed as student and also in their professional life. Fifty students attended the seminar along with HOD of the department and the teacher of the class.

- List the characteristics of mentally healthy person
- List the warning signals of poor mental health
- Discuss the consequences of poor mental health
- Mental Health Services
- When is world mental health day
- Tips for Emotional wellness

Expected outcome: Students can practice to maintain "Mental Wellbeing" through the tips given during the seminar.



(D)

Signature of Resource person

Signature of HOD

Signature of Principal

Vision: "To Satisfy the aspirations of youth force, who want to lead the nation towards prosperity through techno-

Mission: "To provide, nurture and maintain an environment of high academic excellence, research and entrepreneurship For all aspiring Students, which will prepare them to face global challenges maintaining high ethical and moral

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EXTENSION AND OUTREACH ACTIVITIES FOR STUDENTS

ATTENDANCE SHEET

True of Activity	ATTENDANC	LOILLI	
	Mental wellbierg	Issue addressed	Pelsonality Development
Date of conduction	9/2/2024	SEM and AY	II /2023-24
Department	Comp	Class and Div	FECO).
Name of Resource Person	Prof. Sharayu Anap	Organization	JSPH'S BSIOTR

Sr No	Roll No	Name of Student	Signature of student
	1431	Kahiragaar Pagsad phangii	Frasadk
2.	1406	Kahiragar Prasad Phanaii	3-P-Ingal
3.		Haitya Raiendra kumhhar	A.R.K.
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10.	1438	Kailus Lohar	Kai e roz
11.	1462	Yosh Showate suyog markad	
13.	1444	suyog markad	yash.
13.	1437	Abhijeet Lipne	Tripne.
14.	1446	Kunal More	(Pronose
15.	1447	Kunal more	10 more
16	1459	Buthvira Kakade	Provide.
17	1919	Salaji Ravare	Barbern
196	1419	Santosh Panke	Looke
19.	1752	Om karl Kahadi	Officer
20	1402	Abhishek Horgodp	A. Hosgue
21.	1458	Prafiksha Sowant	Scudant.
22	1407	Ishwari Deakar	Shuari
23	1434	Valghnauj Kutwa	Lidwal
24	1436	vishakha shella	- Common

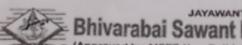
Signature of Resource person : S.H. Anap



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Name of Resource Person	Brof Sharayu Anap	Organization	JSPH'S BSIOTA

Sr No	Roll No	Name of Student	Signature of student
25	1439	Madhu kumari	Mashus
26	1409	Shravani Jitendra Judhev.	
27	1401	Vaishnavi Hajare	-
98	1454	Suhani Lamkhod t	(July
29	1435	Sneha Lahurikan	(Solvetor
30	1453	Snehal kharade	-
31	1405	Johini Ingale	K.P. Tryou
32	1448	shweta Pansare	guy.
34	1424	Rojnandini khade	
35	1433	Rutuja Kusmude	Rollie.
36	1426	Khushi Kumar	
37	1410	Tejasvi Jadhav	
38	1415	Vikram rakad	2
39	145	Vinod Soili	11011
40	1404	Hesamb Amol Hundekari	
41	1450	Kunal Ganesh Patil	Calley.
	1441	Pranitation Mone	dim
43	1440	Dasarath Part Manduotce.	LANA.
44	1425	Haushvardhan Khandi	DUM
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Signature of Resource person : S. H. Anap

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